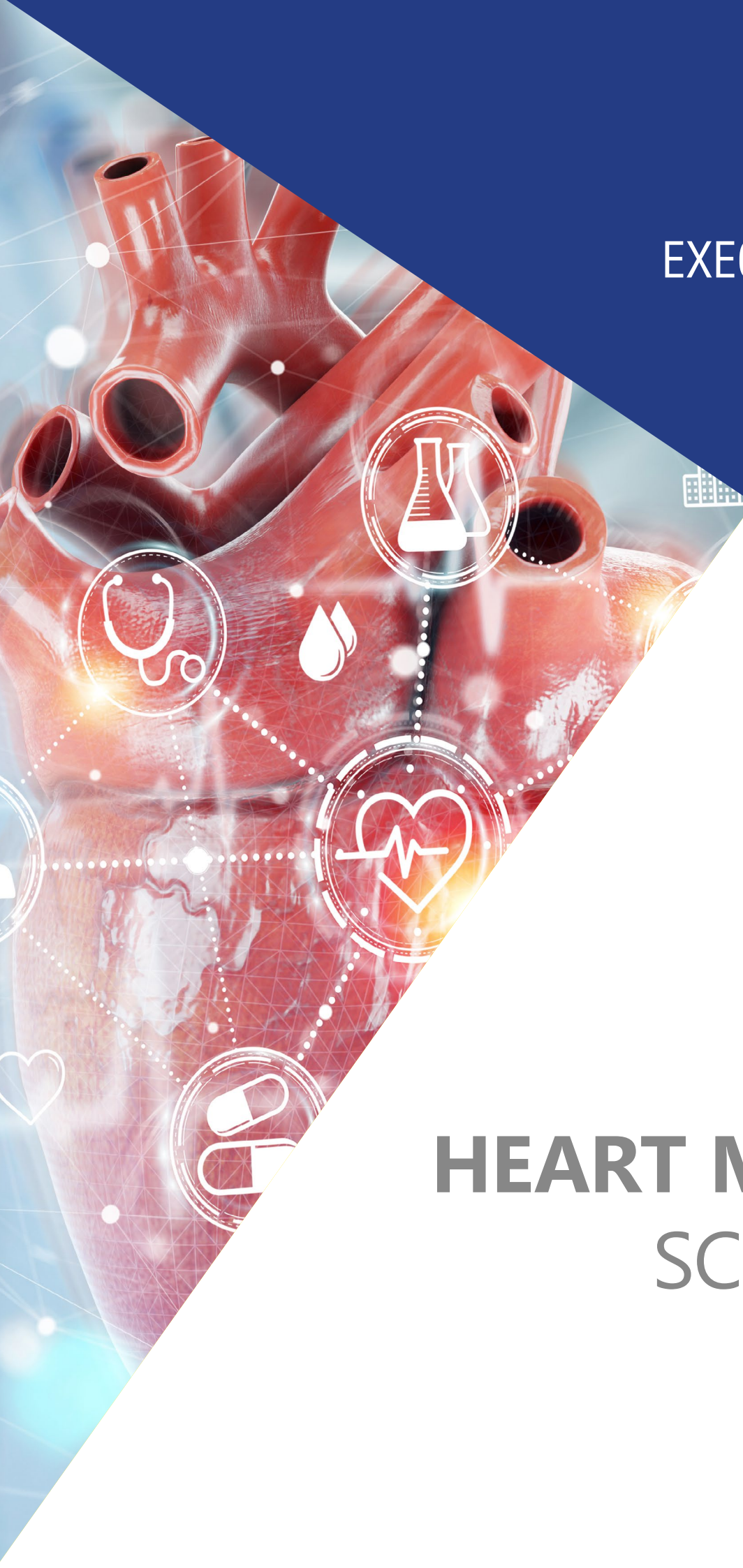




EXECUTIVE HEALTH



October 2023

# HEART MEDICAL SCREENING

EUR 2700












# THE EXECUTIVE HEART MEDICAL SCREENING



Our recommended cardiovascular examination, the Executive Heart Screening, is suitable if you have a history of cardiovascular diseases in the family or 40 years of age. This examination can help protect you against strokes and heart attacks, amongst other diseases, and only takes around 3 hours.

## The programme covers:

-  Clinical examination by doctor with resting ECG and lung function test.
-  Heart focused Blood and Urine tests.
-  Non-contrast CT scan of the heart – calcium score to detect risk of heart attack.
-  MRI of the brain with angiography of arteries – full brain examination and risk of stroke detection.
-  Echocardiography<sup>1</sup>
-  MRI and ultrasound of neck vessels<sup>2</sup>
-  Follow up consultation with our Executive Doctor.
-  Treatment and control at the clinic of newly discovered diseases. If necessary, referral to specialist.
-  Written summary of findings and link to images.

A comprehensive heart focused checkup can be strengthened and more accurate with the addition of further investigations, as listed below. Please request any one or all of these tests to make your checkup more robust, or ask our screening doctor to contact you to discuss your individual needs.





<sup>1</sup> Echocardiography is an ultrasound of the heart to evaluate function and heart valves.

<sup>2</sup> MRI angiography and ultrasound of the neck arteries is an additional stroke risk assessment.



# THE EXECUTIVE HEART MEDICAL SCREENING

## Optional:

	Survey with the doctor about nutritional risk and recommendation <sup>3</sup>	EUR 150
	Full blood panel <sup>4</sup>	EUR 400
	CT angiography of the coronary arteries <sup>5</sup>	EUR 1200
	Cardiac MRI <sup>6</sup>	EUR 1200

<sup>3</sup> The one-hour nutritional consultation is carried out by a specialist doctor or nutritionist.

<sup>4</sup> Full blood panel to include more than 50 conditions.

<sup>5</sup> CT angiography uses contrast to view if the coronary arteries have stenotic lesions.

<sup>6</sup> Cardiac MRI is the most advanced scan of the heart that will exclude all the remaining possible diseases of the heart, that the other investigations do not find.



EXECUTIVE HEALTH



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